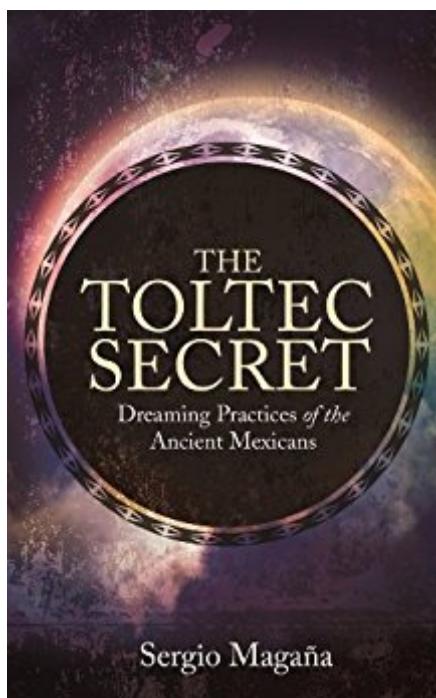


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# The Toltec Secret: Dreaming Practices Of The Ancient Mexicans



## **Synopsis**

In this remarkable book, the renowned Mexican healer Sergio Magaña reveals the fascinating secrets of the ancient Toltec tradition. Closed to outsiders until now, this rich spiritual tradition is over 5,000 years old. The original holders of this secret knowledge, the Chichimeca, were considered to be masters, with a deep understanding of the dream state and a working knowledge of how our perceptions form our reality, as well as the capacity to influence matter. The Toltec Secret reveals the incredibly powerful rituals and symbols that will enable you to: become lucid in your dreams, create your life through your dreams like the Toltecs did, send healing to others while in the dreaming state, communicate with your ancestors, develop your intuition and use Toltec techniques to see the aura, heal and rejuvenate your body by connecting with the energy of the sun, use the mysterious obsidian mirror for healing yourself and others, practise the powerful dances of the Toltecs and Mexicas.

## **Book Information**

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## **Customer Reviews**

Highly recommended for lucid dream study and practice. Sergio is the real deal, sharing the true

ancient Toltec knowledge. I am delighted to have found this book. The exercises in it have really worked for me! Tlazocamati (=Thank You in Nahuatl) UPDATE: About a year later, I have been practicing the techniques from this book and his other book (Dawn of The Sixth Sun) and my life has transformed. My inner landscape has changed significantly. I have read many books on dreaming, the occult, spirituality, manifestation, etc. Sergio practices all of what he teaches. He's brilliant and humble. I recently attended four workshops and they were the best workshops I've been to in my life in terms of giving actual concrete practices which make it doable to exit the moon's invisible prison and live a meaningful, magical life. I would like to give this book 10 stars and I encourage anyone who is truly interested in this material and is practicing it to attend a workshop by Sergio to learn from him in person.

This book was recommended to me by a dear friend and fellow Toltec traveler. Sergio Magana shares in detail things I only ever learned from other teachers in skeletal form, all with a generosity and profound respect for his lineage. He provides a rich, deep, intact description of the practices of dream mastery which is, in fact, life mastery. There is information on dream signs and symbols, animal totems, and practices for seeding, remembering, and cancelling dreams. Chapter 4 provided a means to explore aspects of "my story" and cultivate the witness. Chapter 8, the Tezcaplipoca, provided a roadmap for a very profound recapitulation outlined in the first book, Dawn of the Sixth Sun, which I purchased second and which is, at least in my opinion, a completely necessary read in order to fully understand and benefit fully from The Toltec Secret. That said, I don't think it mattered much that I started with The Toltec Secret first. In fact, it may have been to my benefit. I can't say any of it is easy. Applying what Magana is sharing takes dedication, and though I have worked with some aspects of the book, much of them remain untouched until such time as I am ready to explore them. So, this book isn't just a read once and give away book. It is a tool to pull off the shelf again and again as one gains strength and personal power in the ongoing transformation of one's waking dream.

Awesome and intriguing written book. Sergio enlightens and stirs up curiosity with the experiences and knowledge that he has gone through and come to be revealed to him. He sheds light on a lot of questions regarding the old civilizations and the images that they carved on their beautiful stone constructions that the ancients had left for future generations to marvel at. Though some people might disclaim what the author is trying to show and guide us here. It is only the true seekers of truth and light who would really appreciate what knowledge is been revealed to the world and now it is up to

each individual to follow their path to their inner god. Thank you very much Sergio Magana for this opportunity.....

This book by Sergio Mangana comes from someone who is very much connected to the ethnicity and language of the so-called Toltec Path.. Sergio is clear about the fact that there is a lot of confusion around all things "Mayan" and "Toltec" as the revolutionary information mostly came from the Westerners who interpreted it and wrote books. We need to have an indigenous view in order to deepen and expand our understanding, but it is hard to come by as the native practitioners didn't write things down - it seemed preposterous in light of a strictly pragmatic approach to which this way adheres. However, now that there has been plenty of literature we need to have a view from someone who is connected to the indigenous past, and Sergio is. Practices presented in the book would probably fall within the parameters of the "old" way, and although in my opinion they don't have the high flight of the "new seers" way of Don Juan, they are very valid and as profound as any other ancient tradition that has been passed down to us through the millennia, and with that Sergio is asking you to try them out, under the guidance of a qualified instructor, of course. The outline of the 4 Tetzcatlipoka of the Mexhica tradition, the various stages of dreaming, as well as the different animal attentions that are being trained (jaguar, hummingbird, etc. etc.) is important as we get to see this whole way through the eyes of the people from whence it came. Also, I was happy to know that the language used is Nahuatl, as there is no specific mention of that in the Carlos Castaneda books, and that of course just adds to the mystery. However, there is no need to be overly mysterious - save the time and get to work. Although there is a bit of self-promotion going on in the book, which I guess is typical when you are young and feel that your mission is to "share the tradition with the world" I think Sergio is a knowledgeable man and I am looking forward of hearing more about him in the future. Can definitely recommend this book as a sharply transcribed narrative for the general as well as more specific aspects of knowledge of that which came to be known as the "Toltec Way". Although I personally do not believe in any such thing.

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